1. A friend confides in you that they are afraid that their spouse is drinking too much. Help them distinguish whether or not the use represents abuse or dependence.

2. You’ve been asked to give a presentation at the health center regarding the future of prevention and treatment of substance problems. What are you going to say?

3. Select a substance from each of the three major classes (Depressants, Stimulants, and Hallucinogens) of substances from your mind map. Generally describe their effects, issues related to dependence, and treatment considerations. Which of the three seem most dangerous to you? What warnings would you give to others about their abuse? What positive attributes do your three drugs have? Is there a safe level of use for your three substances?